

PMTI Applicant Massage Journal

Name		Date of Massage	
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As part of the PTP application process, we require that you receive at least one full-body massage from a PMTI graduate or a member of one of our professional associations, the American Massage Therapy Association (AMTA) or Associated Bodywork and Massage Professionals (ABMP). This ensures that you will have first-hand knowledge of the massage work taught in our program. If you would like the name of professional massage therapists in your area, please visit www.pmti.org, www.amtamassage.org, or www.abmp.com.

After you receive the massage, please answer the following questions and return the journal signed by you to the attention of the PMTI Admissions Department. Feel free to write on the reverse side of this form or attach additional sheets if you require more space.

Massage Practitioner's Name (please print)	
Massage Practitioner's Signature	
AMTA or AMBP Member #	
PMTI Graduate? Indicate graduation date	
Practitioner's Phone Number	

How did you feel prior to the massage?

Please describe what physical, mental, and emotional responses you experienced during the massage.

What did you like best/least about the massage?

What did you learn about yourself from this experience?